



February 25, 2011

Issue No. 3

Dear Brenda,

February has proven to be a busy month here at IHA. We have provided many successful events to the community and are in the midst of planning events for the rest of the semester. We are excited to announce plans for our second annual Invited Lecture Series, which will feature Peggy McCardle's lecture on Dyslexia this May. Our Adjustment Matters Community Lecture Series is continuing in full swing, with our next installment being presented in March. Please mark your calendars for these great events!

As always, if you have further questions, comments, or concerns, you can reply to this email directly or go to www.umiha.org for more information.

Thank you for your support!

The Institute for Human Adjustment at the University of Michigan

Adjustment Matters Community Lecture Series

Next Installment Tuesday, March 15th

Come join IHA as we present the next installment in our community lecture series. Shelly Van Etten Lee, Ph.D., will present a lecture entitled "Stress, Fears, and Phobias: Anxiety Disorders and their Treatments." This talk will cover the commonalities as well as the main distinguishing features across the most common anxiety conditions. Effective treatment options will also be introduced, and questions welcomed. "My hope is to educate the public about different types of anxiety problems in adults. Those suffering should know that they are not alone, nor are they without options," Dr. Van Etten Lee says of the lecture.

The lecture will take place on Tuesday, March 15th from 7-8:30 pm at the [Washtenaw Community College Morris J. Lawrence Building](#). For more information, visit the Institute's website at www.umiha.org.

Invited Lecture Series

Save the dates!

We are pleased to announce our speakers for this year's Invited Lecture Series. For 2011, the series "Cross-Cutting Clinical Problems" will consist of lectures on April 21st, May 5th, and May 19th.

On April 21st, Paul J. Frick, Ph.D will present a lecture entitled "Callous-Unemotional Traits and Conduct Disorder: Implications for Understanding and Treating Antisocial Youths." Frick is a University Research Professor of Psychology and Chair of the Department of Psychology at the University of New Orleans.

On May 5th, George Bonanno, Ph. D. will present "Beyond Resilience and PTSD: Mapping the heterogeneity of responses to potential trauma." Bonanno is a Professor of Clinical Psychology and Chair of the Department of Counseling and Clinical Psychology at Teachers College, Columbia University.

Coping with Aphasia

The University of Michigan Aphasia Program (UMAP) was mentioned in an article in USA Today's February 1st National coverage. To read the article, [click here](#).

For more information on UMAP, please visit www.aphasiahelp.com.

Wild or Mild Wrap-Up

We were incredibly pleased with the attendance at the February 9th installment of our Adjustment Matters Community Forum Series! Eileen Bond did a tremendous job presenting the various aspects of childhood temperament to a host of interested parents. The event proved to be successful in everyone's eyes. "This was a very nice general presentation for parents to help understand the vagaries of temperament. Should be a requirement for all parents!" said Cynthia H. Krueger, pathologist. We were proud to present the lecture and hope that our future events can be so successful. Thanks to all the attentive parents in attendance!



Peggy McCardle, Ph.D., MPH, will present a symposium called "Dyslexia as a Cross-Cutting Research Area" on May 19th. McCardle is Chief, Child Development & Behavior Branch at the *Eunice Kennedy Shriver* National Institute for Child Health and Human Development (NICHD) of the National Institutes of Health. Further information, including times and settings, will be announced at a later date. If you are interested, please see www.umiha.org for more information.

Quick Links

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[University Center for the Child and the Family](#)

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About Us

The [Institute for Human Adjustment](#) serves the University and the broader community with intervention programs of the highest quality to assist individuals, couples and families with difficulties in adjustment, learning and communication. The IHA provides state of the art educational opportunities for providers-in-training in these areas, and conducts research on important facets of these activities.

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